

SACRED STEP

A MYSTIC EXPERIENCE

- Namaste -

My name is Carlota.

I guide you on a journey of transformation, to awaken your consciousness in what you do, to cultivate continuous presence.

Talisman

In this space we will observe and take an object with which we resonate and we will set an intention, a prayer, whether it's something you want to let go of in your life, or a virtue you want to strengthen...

Communion

Step by step, we will enter the timeless space, in the eternal present... after an hour of walking, we will sit in a circle to share our experiences and the ways to integrate them into our realities...

Meditation

I will guide you towards a deeper understanding of our Being, where we will practice the conscious movement of energies to keep us in harmony...

Offering

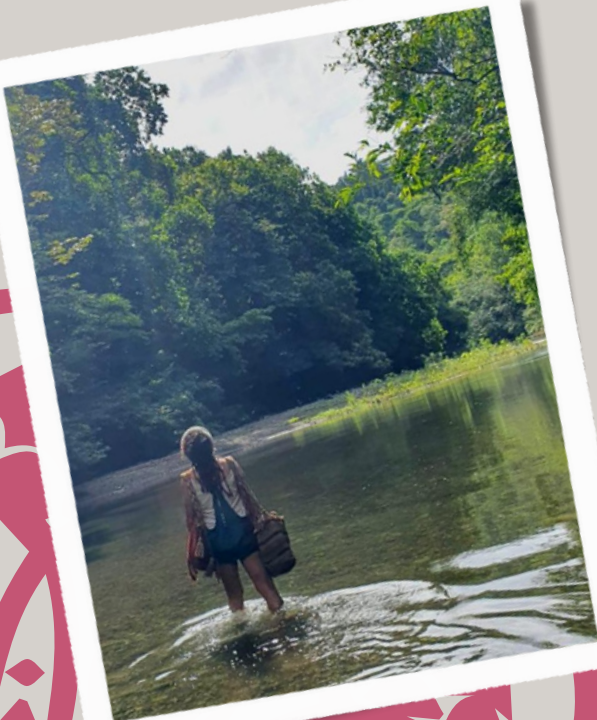
In gratitude to Space, we will build an altar so that the magician in you can express himself creatively...

BOOK

AT LEAST 48 HOURS BEFORE.



Elodie on Whatsapp
+507 6266-6808



Price: 35 S /people (group until 3)
30 S /people (group beyond 3)

Duration: Between 3h and 4h
Period: From December to September

Departure: At 8:30 am,
From the Torio'Plaza

Nb people: 2 to 6
Families of more than 6 people,
please contact us.

Language: Spanish, english

Provided:

- Energy ball snack
- Organic iced tea
- Sitting mat
- Mosquito repellent prepared with essential oils
- First aid kit

What you should know:

- The jungle route includes river crossings and rocky passes.
- The route can be adapted for people with reduced mobility. However, the terrain will still be dirt, with some river crossings.
- Appropriate footwear and clothing for the water
- Bring water and sun protection (hat, sunglasses, sunscreen).

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